An Intro to the World of ENT

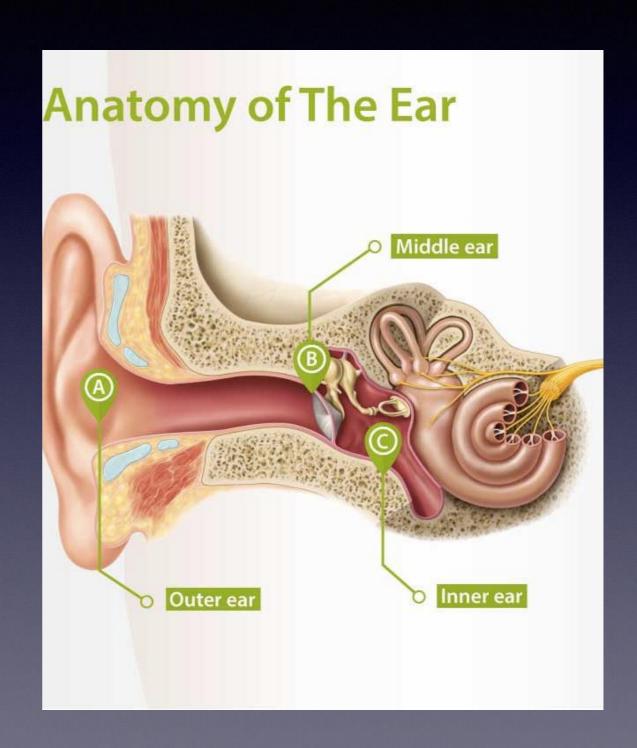
Ashmit Gupta, MD, MPH Advanced ENT

ENT Topics

- Ears / Hearing
- Nose / Sinuses
- Throat / Voice
- Sleep Disturbances

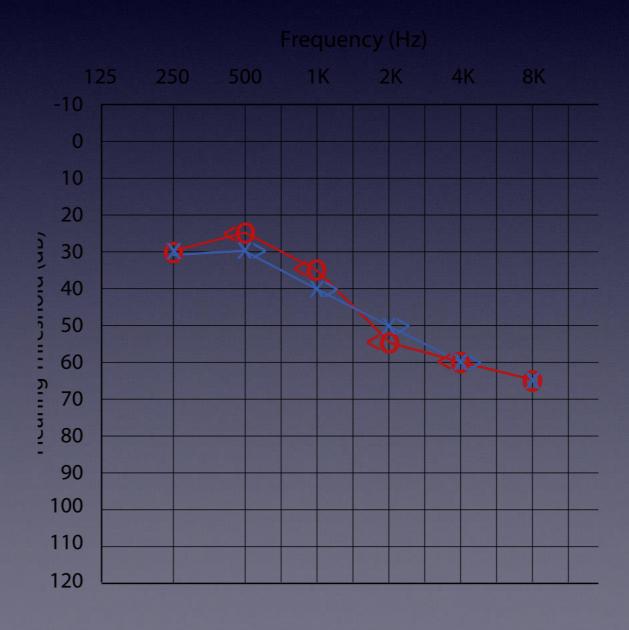
Ears / Hearing

- Anatomy of the Ear
 - Ear canal
 - Eardrum
 - Middle Ear
 - Ossicles
 - Eustachian Tube
 - Inner Ear (cochlea / vestibule)
 - Hearing nerve
- What are the Main Causes of Hearing Loss?
 - Conductive
 - Sensorineural



Ears / Hearing

Hearing Test
Conductive vs
Sensorineural vs
Mixed Hearing Loss



Ears / Hearing

Common Conditions of Seniors

Hearing Loss

- Connection between Hearing Loss and Dementia

Tinnitus

- Hearing loss
- TMJ
- Allergy
- Meds

Ear pain

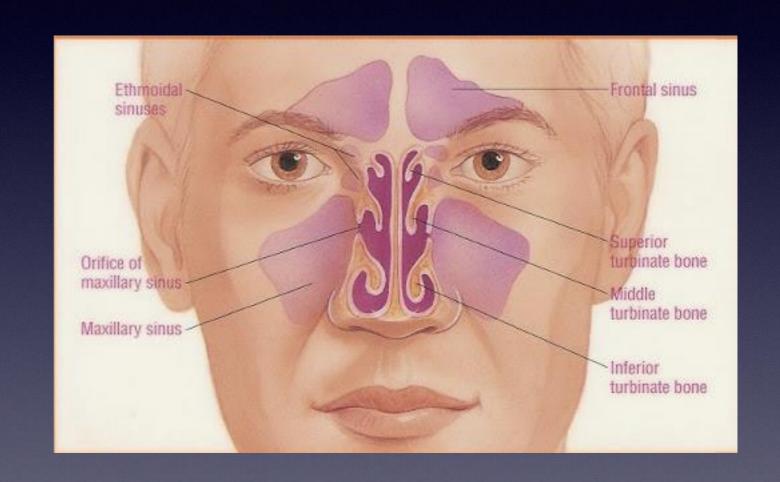
- Earwax (Debrox)
- Infection
- TMJ

Vertigo / Dizziness

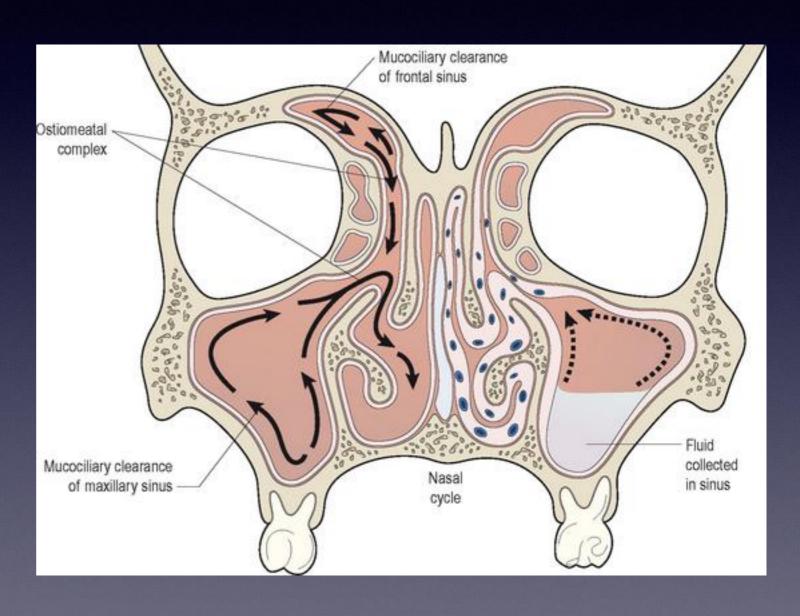
- Hydration

- Anatomy of the Nose / Sinuses
- Physiology of the Nose / Sinuses
- Common Conditions of Seniors
 - Congestion
 - Runny nose
 - Sinus infections / pressure

- Anatomy of the Nose / Sinuses
 - Nasal septum
 - Turbinates
 - The Sinuses



- Physiology of the Nose / Sinuses
 - Nasal saline
 - Allergy treatment



Common Conditions of Seniors

Nasal Congestion

- Anatomic congestion
- Allergic

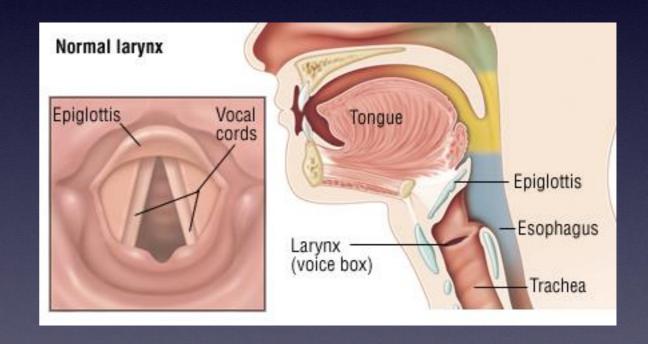
Runny Nose

- Vasomotor rhinitis

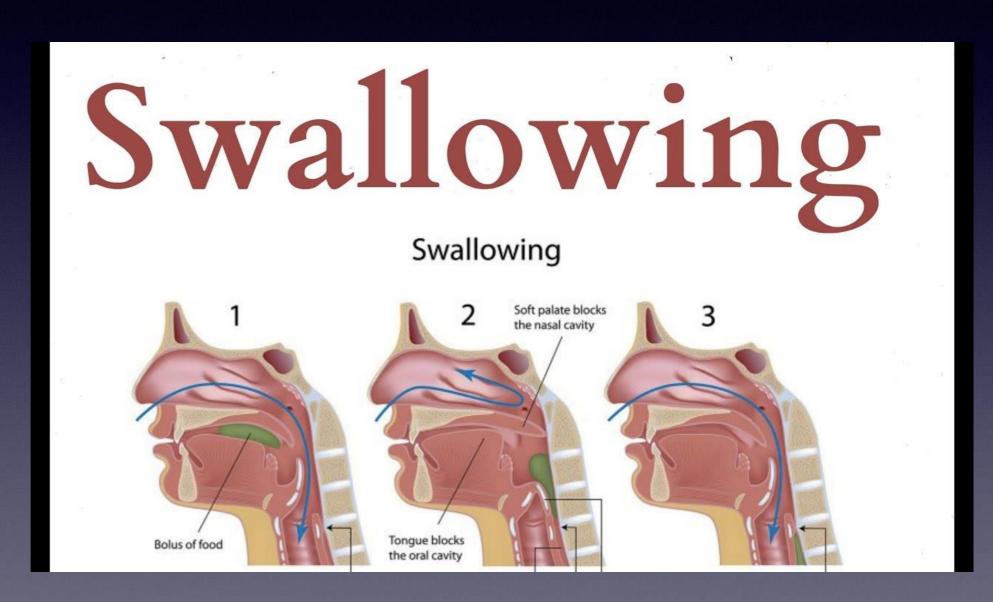
Sinus Infections, Pressure

- Anatomy of the Throat, Larynx
- Physiology of Swallowing
- Common Conditions of Seniors

Anatomy of the Throat, Larynx



Physiology of Swallowing



Common Conditions of Seniors

Dysphagia (Swallowing Problems)

Reflux

- Hoarseness
- Post-Nasal Drip
- Throat Pain

Sleep Disturbances

- Workup of Sleep Disturbances
- Common Sleep Conditions of Seniors

Sleep Apnea Snoring Insomnia (Sleep Hygiene)

Key Tips / Take-aways

- Get Hearing Checked
- Earwax Management
- Hydration for Dizziness
- Nasal Saline
- Manage Reflux
- Sleep Hygiene